WELCOME

VISION The Wyong Catholic Parish is a welcoming, caring dynamic community

MISSION STATEMENT We will live and proclaim the message of the Gospel:

Engage, Participate, Reach out and Transform

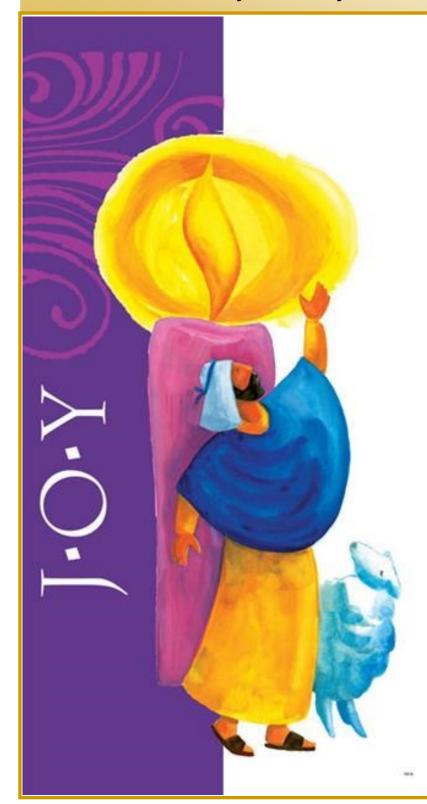
15H DECEMBER 2024—THIRD SUNDAY OF ADVENT YEAR C

WYONG CATHOLIC PARISH

ST CECILIA'S CHURCH, ST JOHN FISHER MASS CTR & ST PETER'S CHAPEL

Under the Pastoral Care of the

Society of Our Lady of The Most Holy Trinity (SOLT)



REFLECTION 15.12.2024 THIRD SUNDAY OF ADVENT YEAR C

The Third Sunday of Advent is often known as Gaudete ('Rejoice!') Sunday, after the lines which appear in our second reading today,

'Rejoice in the Lord always: I shall say it again, rejoice!' This exhortation to joy, while deeply encouraging and inspiring, can often seem to be difficult or impossible to put into practice. Perhaps there are things in our lives or our world which we cannot rejoice over, and which weigh our hearts down. But joy is, in fact, the natural human condition. God, as a loving Creator, wants us to be happy, both in this world and the next. Let us ask ourselves, 'What are the things in my life and heart which may be holding me back from happiness - pride, fear, unforgiveness, envy, ambition, resentment?' Let us open our

hearts to Jesus, to come in with his winnowing fan and sweep them all away.

Reproduced from God's Word 2024: Daily Reflections, Published by St Pauls Publications, Strathfield.



The Christmas dinner will commence at 6pm with a meal (barbecue, meats, salads and sweets) followed by Christmas carols.

> **FRIDAY** 6:00 PM





DECEMBER

0 0

John Fisher Hall Hicks Lane, Tumbi Umbi

> RSVP BY: 13 DECEMBER MARGARET VANDENBERG 4352 1011 KERRY BUGDEN 4388 2938

SINGERS NEEDED!

CHRISTMAS EVE— 24th December 2024

Christmas Eve Mass at 5:00pm & Carols at 11:30pm.

Please Contact Office to advise if you'll be able to assist for those Masses.

PARISH OFFICE CHOLIDAY CLOSURE

Closed 23rd December 2024 Reopening 14th January 2025

CHRISTMAS BUSH

We would love to decorate our Church and Hall with some Christmas Bush. If any parishioner would like to donate some, we would be very grateful. If you can donate some Christmas Bush please call the office. Thank you.

TRIDUUM MASS

Each year, a Christmas Triduum of Masses is celebrated here at Wyong Catholic Parish. Celebrated over a period of three days, these Masses invite us to unite in prayer during this special Advent season.

St Cecilia's Church, Wyong 21st, 22nd and 23rd December 7pm

BLESSING OF THE NATIVITY SETS

During the Advent season, let us make Christ the centre of our Christmas celebrations.

You're welcome to bring your Nativity sets from home for a blessing, following all weekend Masses on Saturday 21st December & Sunday 22nd December.

If the set is too large, you may just bring the crib.

CATHOLIC MISSION

Thank you to our Parishioners for your generosity in the Catholic Mission Appeal, which is going towards supporting the Church in Mongolia and House of Mercy. Thanks to your kindness, people will have access to the support they need to help them get back on their feet.

Total amount raised: \$601

SAVE THE DATE—Feast of Sto Niño (Sinulog) Celebration 19th January 2025

The Sinulog-Santo Niño Festival is an annual cultural and religious festival held on the third Sunday of January in Cebu City and is the centre of the Santo Niño Catholic celebrations in the Philippines.

Every 3rd Sunday of January, Wyong Catholic Parish and the Wyong Filipino Community also celebrate the Feast of Sto Niño (Sinulog). Come and celebrate with us on the day. Please bring your Sto Niño images for blessing.

This celebration starts with a 9 day Novena, info below: 9th January - 17th January at 7pm @ St Cecilia's Church, Wyong.

365 Pacific Highway North Wyong NSW 2259 PO Box 786 Wyong NSW 2259



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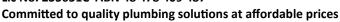












CHRISTMAS MASS TIMES 2024

St. Cecilia's Church, Wyong St.

St. John Fisher, Tumbi Umbi

Christmas Eve 24th December

• 5pm Children's Mass

- · 5pm Children's Mass
- 11:30pm Christmas Carols followed by Midnight Mass 12am

Christmas Day 25th December



Christmas Cards & Columban Calendars

Christmas Cards & Columban Art Calendars will be available for purchase at the back of the Church.

Both are \$10 each, proceeds go to St Vincent De Paul.

CHRISTMAS EVE FAMILY MASS

We warmly invite children to take part in the cherished

Christmas Eve Mass on the 24th of December at 5:00 pm.



This beautiful celebration offers a wonderful opportunity for our children to participate in the joy and reverence of Christmas.

Should your child wish to participate, please contact the Parish Office on 4352 1011 or Jo Helm at joanne.helm@dbb.catholic.edu.au

We look forward to coming together as a community and celebrating the birth of Christ in a way that brings joy, warmth, and faith to all.

CHILDREN'S LITURGY VOLUNTEERS NEEDED

We would like to ask our wonderful community to volunteer some of your time on Sunday to assist Maria with Children's Liturgy. We are looking at rostering you once a month or more if you'd like. On these days you will be back in time for the Eucharistic ceremony and fulfill your Sunday Mass obligations.

Please email the office to register or for more information wyongparish@bbcatholic.org.au

Solemnity of MARY, the HOLY MOTHER OF GOD

Mass will be celebrated on

Wednesday 1st January 2025

(New Years Day)

St Cecilia's Church, Wyong 8:00am

St John Fisher, Tumbi Umbi 8:00am



Main Liturgical Feasts: December

St. Damascus (December 11), Our Lady of Guadalupe (December 12), St. John of the Cross (December 14), St. Peter Canisius (December 21) and St. John of Kanty (December 23), St. Stephen (December 26), the Holy Innocents (December 28), The Feast of The Holy Family of Jesus, Mary & Joseph & St. Thomas Becket (December 29) and St. Sylvester I (December 31).

THANK YOU FOR YOUR OUTSTANDING SUPPORT

Weekly Prizes are $50 - 1^{st} \& 20 - 2^{nd}$ Monthly Prizes are $150 - 1^{st} \& 50 - 2^{nd}$ and will be last weekend of the month.

200 Club Update 2024

DATE	Туре	1 ST		2 nd	
14th/15th December	Weekly	17	John McCabe	12	Christine Butcher

Property Transfer Professionals

ARLENE BARNETT **Licensed Conveyancer** - **JP** 02 4353 1340 48A Pacific Hwy Wyong propertytransfer@bigpond.com

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MASS TIMES

ST CECILIA'S CHURCH

23 Byron St Wyong Saturday Vigil / Sunday Mass Times Sat Vigil 5.00pm Sun 7.30am & 9.30am

Weekday Mass

Mon-Sat: 8.00am, Monday 9.15am (School Term)

Reconciliation/Confession Saturday morning after the 8am

Mass & Saturday at 4.30pm

Hicks Lane Tumbi Umbi Saturday Vigil / Sunday Mass Times Sat Vigil 5.00 pm Sun: 8.30am & 5pm

ST JOHN FISHER MASS CENTRE

Weekday Mass

Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am

Reconciliation/Confession Saturday at 4.30pm

EMERGENCY PRIEST CONTACT

Fr Raul Ph: 0450 115 099 Fr Alex Ph: 0432 947 245 Fr Teody Ph: 0414 494 823

Parish Office 23 Byron Street Wyong Phone: 02 4352 1011 Po Box 385 Wyong 2259

Office Hours: Tuesday, Wednesday & Friday 9.30am to 2.30pm

Parish Contacts

Parish Priest Fr Raul Balute, SOLT Ph: 0450 115 099

Email: raul.balute@bbcatholic.org.au

Assistant Priest Fr Alex Barnedo, SOLT Ph: 0432 947 245 Assistant Priest Fr Teody Medina, SOLT Ph: 0414 494 823 Parish Secretaries Margaret Vandenberg & Christine Sassine

Youth Co-Ordinator Gabbi Scherer Email: gabbi.scherer@bbcatholic.org.au

PARISH EMAIL: wyongparish@bbcatholic.org.au PARISH WEBSITE: https://www.bbcatholic.org.au/wyong/ FACEBOOK: www.facebook.com/wyongcatholicparish



KEEP US IN YOUR PRAYERS

Prayer: The most valuable gift you can give someone.

SICK: Finn McConnon, Irene Dainty, Rod & Pauline Cornwell, Michael McDermott, Michele Bolton, Jeanine Doueihi, Lisa Glanville, Jackson Ticehurst, Margaret McDermott, Dave Rodney, Danae Roe

RECENTLY DECEASED: Julia

McDermott, Nelly De Guzman Eco, Hondrio Aguila, Maria Esther Attard, Fr Michael O'Toole, Peter Vaughan, Manfred Merl

Anniversary December: Bill

Martin, Larry George Hooley, John Taylor, James Bastic, Rove Varman, Claire Baxter, John Taylor

Children's Lituray at the following Masses

St Cecilia's 5:00pm Mass Saturday St Cecilia's 9.30am Mass Sunday St John Fisher 5pm Mass Sunday

BAPTISMS, WEDDINGS AND FUNERALS PLEASE CALL THE PARISH OFFICE

Mass St Barnabas, Yarramalong 1st Sun of month 11.15am Filipino Mass St Cecilia's Church 3rd Sun of the month 12pm

Anointing of the Sick First Friday of the Month

St Cecilia's During 8.00am & 11.30am Mass

St John Fisher During 9.15am Mass

Eucharistic Adoration

St Cecilia's Daily 7am-8am **St John Fisher** 1st Fri 8.45 - 9.15am

Devotion to Our Lady of Perpetual Help Saturday—St Cecilia's & Wednesday—St John Fisher (after the 8am Mass)

Devotion to the Divine Mercy

St Cecilia's Fri after the 8am Mass St John Fisher Fri after the 9:15am Mass

Prayer groups

St Cecilia's Rosary Group Tues after 8am mass followed by Divine Mercy St Cecilia's Legion of Mary 9am Wed Meetinas

St Cecilia's Choir practice every Tues night 5pm to 6pm

Parish Pastoral Council Meeting PPC Secretary; Kerry Bugden Ph: 02 4388 2938

TUGGERAH SPORTS & SPINAL

PHYSIOTHERAPY

Ricky Li Registered NDIS provider Phone 4355 4445 www.tuggerahphysio.com.au

Safeguarding Message

Wyong parish is committed to safeguarding. All children, young persons and vulnerable adults have a right to feel safe and be safe. If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or Fr Teody. The contact details are on the back to the Bulletin.

Sunday Mass - 15 December 2024

THE LITURGY OF THE WORD

First Reading -Zephaniah 3:14-18

A reading from the prophet Zephaniah

Shout for joy, daughter of Zion, Israel, shout aloud! Rejoice, exult with all your heart, daughter of Jerusalem! The Lord has repealed your sentence; he has driven your enemies away. The Lord, the king of Israel, is in your midst; you have no more evil to fear. When that day comes, word will come to Jerusalem: Zion, have no fear, do not let your hands fall limp. The Lord your God is in your midst, a victorious warrior. He will exult with joy over you, he will renew you by his love; he will dance with shouts of joy for you as on a day of festival. The word of the Lord.

Thanks be to God.

Responsorial Psalm - Isaiah 12:2-6

R. Cry out with joy and gladness: for among you is the great and Holy One of Israel.

Second Reading - Philippians 4:4-7

A reading from the letter of St Paul to the Philippians

I want you to be happy, always happy in the Lord; I repeat, what I want is your happiness. Let your tolerance be evident to everyone: the Lord is very near. There is no need to worry; but if there is anything you need, pray for it, asking God for it with prayer and thanksgiving, and that peace of God, which is so much greater than we can understand, will guard your hearts and your thoughts, in Christ Jesus.

The word of the Lord.

Thanks be to God.

Gospel Acclamation - Isaiah 61:1 (Luke 4:18)

Alleluia, alleluia!

The Spirit of the Lord is upon me; he sent me to bring Good News to the poor.

Alleluia!

Gospel - Luke 3:10-18

A reading from the holy Gospel according to Luke

When all the people asked John. 'What must we do?' he answered, 'If anyone has two tunics he must share with the man who has none, and the one with something to eat must do the same.' There were tax collectors too who came for baptism, and these said to him, 'Master, what must we do?' He said to them, 'Exact no more than your rate.' Some soldiers asked him in their turn, 'What about us? What must we do?' He said to them, 'No intimidation! No extortion! Be content with your pay!'

A feeling of expectancy had grown among the people, who were beginning to think that John might be the Christ, so John declared before them all, 'I baptise you with water, but someone is coming, someone who is more powerful than I am, and I am not fit to undo the strap of his sandals; he will baptise you with the Holy Spirit and fire. His winnowing-fan is in his hand to clear his threshing-floor and to gather the wheat into his barn; but the chaff he will burn in a fire that will never go out.' As well as this, there were many other things he said to exhort the people and to announce the Good News to them.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

CHRISTMAS MASS TIMES 2024

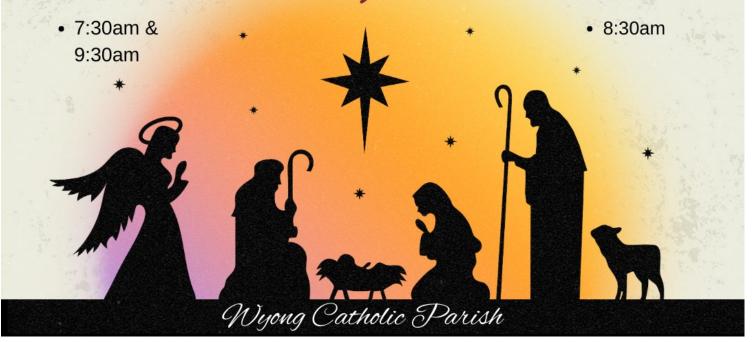
St. Cecilia's Church, Wyong St. John Fisher, Tumbi Umbi

Christmas Eve 24th December

• 5pm Children's Mass

- 5pm Children's Mass
- 11:30pm Christmas Carols followed by Midnight Mass 12am

Christmas Day 25th December



Caritas Australia's Lebanon Crisis Appeal

Lebanon is currently facing a dire crisis, and the need for your support has never been greater.

Communities are being devastated by conflict and economic instability, leaving countless families without access to basic needs like food, water, and medical care. Our Caritas Australia partners on the ground are doing everything they can, **but they desperately need your help.**

Please show your *love for Lebanon* and donate today to help supply essential items such as food, shelter, and medical aid, as well as long-term support to rebuild communities.

Donate today: www.caritas.org.au/lebanon



LEBANON CRISIS APPEAL

Communities are being devastated by conflict and economic instability.

Please help provide families with food, water, and medical care.

DONATE NOW

caritas.org.au/lebanon 1800 024 413



Photo: Caritas Lebano



Legal Issues for Older People



You can make it stop

Everyone has a right to live in a respectful and safe environment. Some people do not feel safe. They may experience violence or abuse from a partner, another family member or other person who lives in their home or residential facility.

They may experience abuse from a neighbour, or a carer who is meant to be looking after them.

There are things you can do to protect yourself from violence or abuse.

A true story...

Harriette, a widow, is 85.
Her daughter, Mona, has lived in the family home all her life. Mona is unemployed and has an alcohol problem. She doesn't pay rent or contribute financially to the household.

When Mona is drunk she is violent and verbally abusive to her mother. She threatens her with violence, yells and swears at her and pushes and hits her. She also pressures Harriette to give her money. She has debts and threatens Harriette if she doesn't help her pay off her debts.

Harriette is unable to sleep at night and feels depressed. She does whatever she can to stay out of Mona's way. She feels powerless to know what to do.

What is abuse?

Abuse is often physical – when someone hurts you physically by slapping, hitting, pushing, sexually abusing or restraining you. However it can also be abuse if someone:

- Calls you names, threatens you, intimidates you, swears and shouts at you or humiliates you
- Pressures you to give them money, takes control of your money or property, or forces you to sign things you don't understand
- Refuses to let you go out and do things or have contact with your friends, family members or support services
- Is meant to take care of you but doesn't give you proper food, clothing or personal care.
 This can be intentional or unintentional.

You don't have to deal with it alone

It can be difficult to talk about these things if they are happening to you. You may feel shame that it is happening, or you may fear that things will be worse if you try to do anything about it. You may also love the person who is mistreating you and don't want to get them into trouble.

There are many services that can support and help you to find ways to change the situation and address your concerns. These services are free and confidential. Their contact details are listed at the end of this brochure.

The law can protect you

Some abusive behaviour, such as physical or sexual assault, is a crime. That type of behaviour can be reported to the police and the person who is violent towards you can be charged with a criminal offence.

Also, Apprehended Violence Orders (AVOs) are orders made by a Court that prohibit or restrict the behaviour of the person who is abusing you. If you are successful in getting an AVO, the person can sometimes be made to move out of the residence you share if that is what you want. Or if they stay they will have to change their behaviour towards you or they can be charged with breaching the AVO, which is a criminal offence.

Some types of behaviour, such as taking money from your bank account or forging your signature on a document, are also crimes and the person can be charged with theft or fraud. Other behaviours, such as insisting on having access to your identity documents or the certificate of title to your property, can put you at risk of losing money or even your home.

The services listed at the end of this brochure can talk to you about your options and help you decide what steps you want to take. They can also put you in touch with a lawyer or other person who can help you apply for an AVO if you decide to do that.

You may be entitled to counselling and/or financial assistance

If you have suffered a physical or psychological injury as a result of an act of violence you may be entitled to counselling and/or financial assistance from Victims Services.

You usually have 2 years from the date of the act of violence to apply, but this time limit can be extended in certain cases. You should get legal advice about whether you are eligible for financial support from Victims Services.

Where can I get more help?

Women's Domestic Court Advocacy Service (WDVCAS)

Your local WDVCAS can help you apply for an AVO to protect you from further violence and abuse, or help you find out what options are available to you. It can also help you with any other needs you may have, such as housing, financial assistance, counselling and any related legal issues.

Tel: **1800 WDVCAS (1800 938 227)** to find the service closest to you.

LawAccess NSW

Provides free telephone legal information, advice and referrals to other services, including to your nearest Legal Aid NSW office, Community Legal Centres, private lawyers and other organisations that can help.

Tel: 1300 888 529 (cost of a local call)

TTY: 1300 889 529

www.lawaccess.nsw.gov.au

Victims Services

Provides support services, including free counselling and financial assistance to victims of crime.

Victims Access Line: 1800 633 063 www.victimsservices.justice.nsw.gov.au

Seniors Rights Service

Provides free legal advice and assistance for older people in a range of areas of law.

Tel: 1800 424 079

www.seniorsrightsservice.org.au

Domestic Violence Hotline

Provides free counselling, information, advice and assistance.

Tel: 1800 656 463

This publication is a general guide to the law. You should not rely on it as legal advice, and we recommend that you talk to a lawyer about your situation.

The information is correct at the time of printing. However it may change. For more information contact LawAccess NSW on 1300 888 529.

To order Legal Aid NSW brochures phone: **02 9219 5028** or email **publications@legalaid.nsw.gov.au**. You can also place an order from our website at **www.legalaid.nsw.gov.au/publications**

Other brochures available:



Adult children living at home What do you do if you want them to leave?



Are you
a grandparent?
Your legal questions
answered



Helping your family financially?
Understand the risks



Moving in with the family? Make sure you protect your interests



They want me to leave Staying in your house when your partner dies



Who will decide for you if you can't decide for yourself?
Think about planning ahead



Why make a will?
A guide to making a will

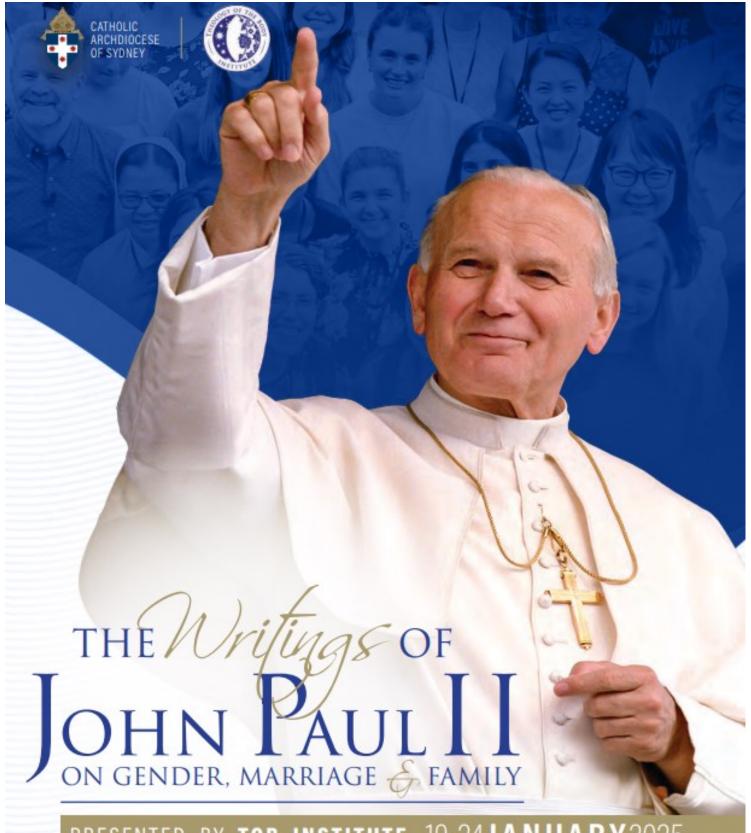


Your home and the aged pension What you need to know





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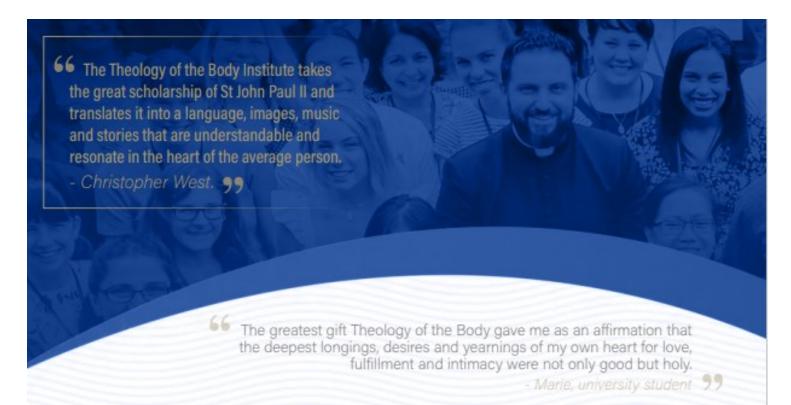


PRESENTED BY TOB INSTITUTE 19-24 JANUARY 2025

SPEAKER: Bill Donaghy, TOB specialist and international speaker LOCATION: Benedict XVI Retreat Centre

REGISTRATIONS CLOSE 1 DECEMBER 2024

TOBI.SYDNEYCATHOLIC.ORG



Meet your Instructors and Team:

BILL DONAGHY



Having worked in mission, evangelisation, and education since the early 1990s, Bill joined the faculty of the TOB Institute in 2010 and became a full-time member of the team as a content specialist in 2013. With a background in visual arts, philosophy, and systematic theology, he has given talks and retreats to bishops, priests, deacons, religious, and the lay faithful throughout the country and internationally. Bill is a co-author with Chris Stefanick of the popular

program RISE: 30 Day Challenge for Men and is a proud husband and father of four.

JASON CLARK



Since 2010, Jason has served as Christopher's closest collaborator in overseeing the global mission and outreach of spreading St. John Paul II's Theology of the Body. He has a passion for drawing people closer to the heart of Christ and has been doing so since the early 1990s as a youth and young adult minister, a seminarian, a worship leader, a speaker throughout the United States and abroad, and, most importantly, as a husband and father of five.



The Life, Marriage and Family team in the Sydney Centre for Evangelisation serves parish communities through initiatives that affirm the dignity of the human person and build a culture that supports marriages and families in their vocations. We provide opportunities for spiritual encounter, growth and formation in the areas of RCIA, sacramental life, marriage, family life and men's and women's ministry.

VISIT: www.sydneycatholic.org/lmf

The team will serve as your local support and point of contact for any queries about the program. They will also be present to assist with any needs during the course.

REGISTRATION INFORMATION



EARLY EXPRESSIONS OF INTEREST

- Cost: \$1900 AUD
- Inclusion: Immersion Course with all materials, five nights (twin shared room) accommodation and meals.
- Apply: tobi.sydneycatholic.org

Holy Heritage: A Pilgrimage to the Philippines! 16 February to 24 February 2025

All are welcome to join our pilgrimage and immerse yourselves in a spiritual journey through the rich and vibrant culture of the Philippines! Explore renowned churches and sacred sites, guided by our chaplain, Fr David Ranson!

The Philippines was under the Spanish Regime for 333 years, a period that greatly influenced the culture and religion of the Filipino people. The Philippines has the biggest population of Catholics in Asia, with 79%, according to the Philippine Statistics Authority's 2020 Census.

Inspired by this nation, its people, and our own catholic faith, we are organising a pilgrimage tour to the Philippines, centred on visiting renowned places, churches and Minor Basilicas:

Places to Visit:

- Manila: Manila Cathedral, San Agustin, Intramuros/Rizal Park, Binondo Church, Quiapo (optional), Baclaran Church (optional)
- Iloilo: Jaro Church, Molo Church
- Guimaras: Tappist Monastery, Holy Family Hills, Mango Farm, Guisi Lighthouse, Pit Stop Café-Mango Pizza, Beach
- Cebu: Sto Nino, Cebu City Tour, Magellan Cross, Simala Church (optional)
- Bohol: Bohol Churches, Baclayon Church, Lobok River Cruise, Tagbilaran, Chocolae Hills, Tarsier Sancruary, Blood Compact Shrine
- Bulacan: Barasoain Church
- Manaoag, La Union: Our Lady of Manaoag
- Vigan: Calle Crisologo, Bantay Church Bell Tower

Batac: Sites of Batac

***Note: Itinerary may be subject to change

Price: AU\$3,500 (subject to change depending on number of participants) To Reserve Your Place: We require a Deposit of 10% or \$350 (refundable)

Please pay to:

Our Lady of Dolours BSB No. : 062784

Account Number: 100001609 Reference: Philippine Pilgrimage

Inclusions:

- Domestic flights
- Land and water transportation

Hotels with breakfast

Exclusions:

• Plane fares from Sydney to Manila and back

Optional tours before and after the pilgrimage tour

For inquiries:

Email: philpilgrimage2025@gmail.com

Ditas Naguit: 0405 999 510
 Rene Balboa: 0413 558 836



PILGRIMAGE TO POLAND AND ITALY | 16 DAYS

POLAND & ITALY

IN THE FOOTSTEPS OF ST. JOHN PAUL II

DATE: 16 – 31 MAY 2025

PRICE: 8350 AUD/person + TIPS (GROUP 21 PERSONS)

FLIGHT: SYDNEY - DUBAI - WARSAW/ROME - DUBAI - SYDNEY (EMIRATES)

ROUTE: WARSAW - ZELAZOWA WOLA (CHOPIN) - JASNA GORA (CZESTOCHOWA) AUSCHWITZ - KRAKOW - WIELICZKA SALT MINE - LAGIEWNIKI (SHRINE

FAUSTYNA & JOHN PAUL II) - ZAKOPANE - WADOWICE - ROME - VATICAN -

BOLSENA - ORVIETO - ASSISI



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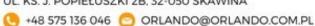








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Magi Pilgrimages

Magi Pilgrimages would like to invite you for a 16-day Pilgrimage of Hope (22/04/25 to 07/05/25).

This pilgrimage features Fatima, Valladolid, Lourdes, Nice, Turin, Padua,

Assisi, Rotondo, and Rome for an all-inclusive early bird price of \$8990+tips.

The fare includes Return Economy Airfares + Local Transfers in Deluxe coaches + Stay in Premium Hotels + All Breakfasts & Dinners + Catholic Priest + English speaking professional guides.

For enquiries & bookings:

Call 03 8839 6615 or 1300 721 561 or

Email us pilgrimage@magiholidays.com.au

A Catholic Response to Domestic Violence

The Diocese has released a video with Bishop Anthony addressing the serious and increasing issue of domestic family violence.

The theme for Safeguarding Awareness 2024 is The Voice of the Vulnerable and Bishop Anthony wanted a particular focus on domestic family violence, which affects women, children and men across our communities.

The video is called "A Catholic Response to Violence". It can be viewed on the Diocese website at <u>A Catholic Response to Domestic Violence - Catholic Diocese of Broken Bay (bbcatholic.org.au)</u> where other resources, including a booklet, are also available.

While a number of help lines are identified in the video and booklet, below are some of the key ones"

- •1800 RESPECT (1800 737 732) 24-hour 7 day a week service for advice and support
- •131 450 for non-English speakers and ask them to ring RESPECT CATHOLICCARE BROKEN BAY:

•Central Coast: 1800 324 924

•Northern Beaches: 1800 324 924

Naremburn: 1800 324 924

•Waitara: 1800 324 924

MEN'S REFERRAL SERVICE: 1300 766 491

The video is also available on our Youtube channel



SAFEGUARDING is everyone's responsibility





Everyone must practice A DUTY OF CARE. We are called to step up and speak out.

Need to be listening & watching to understand / if there are any concerns and take them seriously





Tell one of our designated persons in authority

- Fr Raul 0450 115 099
 Maureen Roast 0435 245 849
- · Anne Hooley
- 0428 149 793

Contact will be made with Dioscesean Safeguarding Office





Our Community is SAFE